

CPhA's Academy of Long Term Care and the Pharmacy Foundation of California Present...

Long Term Care Weekend 2010



- October 16 - 17, 2010
- Pharmacists, nurses, pharmacy technicians, and others who care for the elderly and chronically ill in long-term care settings will benefit from attending this program.
- Earn up to 9 hours of ACPE accredited continuing pharmacy education.
- Networking Reception with Exhibitors on Saturday evening.
- Enjoy beautiful Huntington Beach and discounted hotel rates.

Register by October 5th and Save!

Why You Should Attend

Long Term Care Weekend is a unique venue that offers pharmacists practicing in a long-term care environment to meet and network with other long-term care pharmacists. Additionally, the educational programming has been selected by long-term care pharmacists for long-term care pharmacists and, therefore, is tailored to meet the special needs of this practice setting.

Save up to \$51 when you register by October 5th! Complete the attached Registration Form or register on-line at www.cpha.com.

Meeting Location

Hilton Waterfront Beach Resort
21100 Pacific Coast Highway
Huntington Beach, CA 92648
(714) 845-8000

Take advantage of discounted hotel room rates of \$160 per night (plus tax), single or double occupancy! Situated in the beautiful seaside community of Huntington Beach, Hilton Waterfront Beach Resort overlooks 8.5 miles of pristine white sand beaches. Centrally located in the heart of Southern California, the resort is easily accessible from three major airports; Orange County Airport (SNA), Long Beach Airport (LGB) and Los Angeles International Airport (LAX). *Disneyland®* Resort, Knott's Berry Farm and The Aquarium of the Pacific are just minutes away. **To receive the discounted room rate, call the Hilton Waterfront Beach Resort at (714) 845-8000 ext. 222 by October 11, 2010, and ask for the California Pharmacists Association group rate (code: G-PHA).**

Refund Policy

All requests for refunds must be made in writing to the California Pharmacists Association and postmarked at least five business days prior to the start of the program. **NO REFUNDS WILL BE PROVIDED AFTER OCTOBER 5, 2010.** Refunds will be provided in the amount of the registration fee less a \$50 administrative fee.



The Pharmacy Foundation of California (#0113) is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. A Statement of Continuing Pharmacy Education Credit will be sent within 4 weeks of the conclusion of the event to all registered participants who attend the entire program, complete the appropriate program evaluation(s) and complete the courses by October 17, 2010.



Please notify the California Pharmacists Association if you need reasonable accommodations as defined by the Americans with Disabilities Act.

Schedule of Events

Information is current as of August 24, 2010; speakers and/or programs are subject to change.

Saturday, October 16, 2010

- 8:00am – 5:00pm **Registration Desk Open**
- 8:00am – 8:45am **Continental Breakfast**
- 8:45am – 10:15am **Diagnosis and Management of Alzheimer's and Other Dementias**
Dan Osterweil, MD, FACP, Msc Ed., CMD
Professor of Medicine
UCLA Department of Medicine in Geriatrics
Sherman Oaks, CA
- 10:30am – 12:00pm **Insulin Utilization in the Management of Diabetes for Senior Care in the Long-Term Care Setting**
Cuc Quach, PharmD
Regional Medical Liaison
Sanofi-Aventis U.S.
Carlsbad, CA
- 12:00pm – 1:30pm **Lunch, Exhibits & Special Guest Speaker**
Second year student pharmacist Bill Madden from the UC San Diego Skaggs School of Pharmacy will discuss some of the qualities that have made the UCSD-ASCP chapter successful. UCSD has the largest pharmacy student ASCP chapter in the state of California. In addition, the UCSD-ASCP chapter has reached hundreds of seniors with various outreach events and received an award of recognition from the national ASCP chapter.
(NOTE: CE will not be offered for this program.)
- 1:30pm – 3:00pm **New Drugs for Older Adults**
Bradley R. Williams, PharmD, CGP
Professor, Clinical Pharmacy & Clinical Gerontology
USC School of Pharmacy
Los Angeles, CA
- 3:15pm – 4:45pm **What Pharmacists Need to Know about MDS 3.0**
Mary Jann
Director of Regulatory Affairs
California Association of Health Facilities
Sacramento, CA
- 5:00pm – 6:00pm **Wine & Cheese Reception with Exhibitors**

Sunday, October 17, 2010

- 7:30am – 8:30am **Exhibits Open**
- 8:00am – 11:00am **Registration Desk Open**
- 8:00am – 8:45am **Continental Breakfast**
- 8:45am – 12:00pm **Federal & State Regulatory Update**
Claudia Schlosberg, JD
Principal
Schlosberg Consulting
Washington, D.C.
- Loriann DeMartini, PharmD
Chief Pharmaceutical Consultant
California Department of Public Health, Center for Health Care Quality
Sacramento, CA

Program Descriptions and Learning Objectives

Diagnosis and Management of Alzheimer's and Other Dementias

As the most common form of dementia, Alzheimer's disease affects 10 percent of Americans over age 65. Early identification and treatment can delay progress of dementia and modify its symptoms. This program will review the diagnostic criteria for the different types of dementia, including Alzheimer's disease. An overview of treatment options available for elderly patients with dementia will also be discussed.

UAN: 0113-9999-10-104-L01-P (1.5 hours, 0.15 CEUs)

At the conclusion of this presentation, the participant will be able to:

1. Communicate with clinicians about diagnostic criteria of dementia.
2. Describe the differential diagnosis of dementia syndrome.
3. Identify and be able to articulate the goals of care for elders with dementia.
4. Explain the rationale for initiation and discontinuation of pharmacological agents involved in the care of demented elders.

Insulin Utilization in the Management of Diabetes for Senior Care in the Long-Term Care Setting

Type 2 diabetes mellitus is common among nursing home residents, with prevalence estimated at 25%. Although the American Diabetes Association (ADA) and the American Medical Directors Association (AMDA) guidelines on diabetes care recommend against prolonged use of traditional sliding scale insulin (SSI) regimen, its use continues to remain high in nursing homes. This presentation will provide a review of the diabetes treatment guidelines, with a focus on strategies for insulin therapy from the perspectives of the ADA and AMDA guidelines.

UAN: 0113-9999-10-105-L01-P (1.5 hours, 0.15 CEUs)

At the conclusion of this presentation, the participant will be able to:

1. Explain the Disease Burden of Diabetes, Natural History of Type 2 Diabetes, and Impact of Glycemic Control.
2. Summarize the 2009 ADA/EASD Consensus Statement for Type 2 Diabetes.
3. List the Strategies for Insulin Therapy from the Perspectives of the ADA and AMDA Guidelines.
4. Compare and contrast the results of using sliding scale insulin vs. basal/bolus insulin regimen in the RABBIT2 Study.

New Drugs for Older Adults

Several new drugs have been approved within the past year that will commonly be used by older adults. Some other medications now have new indications, doses, or dosage forms. Because clinical trials typically include few geriatric subjects, determining the appropriate use, dose, and monitoring strategy for these agents presents significant challenges. This presentation will provide an evidence-based evaluation of new drugs, emphasizing their use among older adults, particularly those who reside in a long-term care setting.

UAN: 0113-9999-10-106-L01-P (1.5 hours, 0.15 CEUs)

At the conclusion of this presentation, the participant will be able to:

1. Identify key drugs that have entered the market within the past 12 months.
2. Identify key drugs that have had new approved indications, dosage forms, or doses that have implications for older adults.
3. Explain place in therapy of the new drugs.
4. Assess the clinical and financial impact of new drugs to older adults, particularly long-term care facility residents.

Continued on next page...

Program Descriptions and Learning Objectives, cont.

What Pharmacists Need to Know About MDS 3.0

This session will provide pharmacists with an overview of key changes in MDS 3.0 and highlight implications for pharmacist consultants who are: 1) conducting medication reviews, 2) participating as members of resident's interdisciplinary teams and 3) involved in quality assurance activities in skilled nursing facilities. The session will include a detailed review of MDS 3.0 sections that have specific implications for pharmacists.

UAN: 0113-9999-10-107-L04-P (1.5 hours, 0.15 CEUs)

At the conclusion of this presentation, the participant will be able to:

1. Describe MDS 3.0 and the rationale for significant revisions within the data set.
2. Identify the medication section of MDS 3.0.
3. Describe how to utilize various sections of the MDS 3.0 and the resident assessment instrument in conducting medication regimen reviews and related quality assurance activities.
4. Explain how MDS-generated Quality Measures and Quality Indicators are impacted by medication-related utilization patterns.

Federal & State Regulatory Update

Part 1: 8:45m – 10:15am

Traditionally, pharmacy practice has been regulated by states, but as the federal share of prescription drug spending increases, so does Washington's interest in pharmaceutical care practices. Increasingly, what happens in Washington is affecting pharmacists' reimbursement, costs, dispensing methods, and the opportunity for clinical practice. Regardless of practice setting, no pharmacist can afford to ignore the myriad laws, rules and policies emanating from Washington. This session is designed to provide attendees with an overview of the most critical new and proposed Federal legislative, regulatory and policy changes that will have a direct impact on senior care and consultant pharmacy practice.

Part 2: 10:30am – 12:00pm

This part of the program will provide an overview of federal and state regulatory issues affecting long term care facilities and their residents, including an update on CDPH Licensing and Certification Program and the Pharmaceutical Consultant Unit. Other topics to be discussed include common survey findings related to medication management, medication safety system vulnerabilities, informed consent requirements under Title 22 and the Health and Safety Code for psychotherapeutic medications.

UAN: 0113-9999-10-108-L03-P (3 hours, 0.30 CEUs)

At the conclusion of this presentation, the participant will be able to:

1. Describe changes to Medicare Part D including the new discount program to close the coverage gap and short cycle dispensing in LTC to reduce pharmaceutical waste.
2. Identify programmatic and payment reforms within healthcare reform that present new opportunities for pharmacists to expand clinical practice.
3. Identify current issues in controlled substance dispensing in long-term care including emergency boxes, automated dispensing machines, and e-prescribing and explain the status of efforts to bring DEA rules into alignment with long-term care pharmacy practice.
4. Describe how pharmacies are affected by new HIPAA privacy rules.
5. Identify future changes that impact pharmacy practice.
6. Define the State informed consent requirements for psychotherapeutic medications.
7. List the common medication-related survey findings.
8. Identify medication safety system vulnerabilities and how to minimize potential adverse consequences.

Long Term Care Weekend 2010 • Registration Form

First Name _____ Last Name _____

Name for badge (if different from above) _____ License Number _____

Place of Employment _____

Mailing Address _____

City _____ State _____ Zip _____

Indicated on the form is my: Home Work New address, please update your records.

Work Phone _____ Home Phone _____

E-Mail Address _____ Fax _____

Emergency Contact Name and Number _____

Please circle the appropriate registration rate:

Full Registration includes all CE programs, daily continental breakfasts, Saturday lunch & Saturday evening reception.

	By 10/05/10*	After 10/05/10
CPhA/CSHP Member**	\$199	\$250
ASCP CA Chapter Member**	\$199	\$250
Non-Member	\$299	\$350
Pharmacy Student	\$55	\$65

Saturday Only includes all CE programs, continental breakfast, lunch & evening reception on Saturday only.

CPhA/CSHP Member**	\$125	\$175
ASCP CA Chapter Member**	\$125	\$175
Non-Member	\$250	\$275
Pharmacy Student	\$40	\$50

Sunday Only includes CE program & continental breakfast on Sunday only.

CPhA/CSHP Member**	\$95	\$145
ASCP CA Chapter Member**	\$95	\$145
Non-Member	\$190	\$245
Pharmacy Student	\$25	\$35

* To obtain the discounted rate, a completed registration form and payment must be received or postmarked by October 5, 2010.

** CSHP and ASCP CA Chapter Members: Please include a copy of your current membership card with your registration form. Nurses married to CPhA Members may register at the CPhA Member rate.

Method of Payment

Enclosed is check # _____ in the amount of \$ _____
Please make check payable to "California Pharmacists Association"

Charge \$ _____ to the following card: Visa MasterCard American Express

Card Number _____ Exp. Date _____

Signature _____ Today's Date _____

Mail or Fax form with payment to California Pharmacists Association • Attn: Paige Talley
4030 Lennane Drive • Sacramento, CA 95834 • FAX: (916) 779-1401

Questions: Contact Paige Talley at (916) 779-1400, ext. 346